Be Kind Like Jesus

Coloring and Kindness Activities



What's inside
Four coloring pages, one drawing-and-reflection page, one paper-heart activity, and four discussion cards on one page.

Prepare
Print on US Letter paper at 100% scale. Offer crayons or colored pencils. For the paper-heart activity, prepare child-appropriate scissors, glue, and a separate backing sheet. An adult can cut the hearts in advance.

Choose a page
Start with one page that interests the child. Read the short prompt aloud. Children may color, draw, speak their answer, or ask an adult to write it.

Talk about kindness
Invite examples such as helping with a shared task, taking turns, welcoming someone into play, or using considerate words. Explain that being kind also allows children to say no and ask a trusted adult for help.

Make a heart display
Color the hearts on page 7. Draw or dictate one kind action in each heart. Cut around the outer outlines, then arrange and glue the hearts onto a separate sheet. An adult can help with cutting.

Use the discussion cards
An adult cuts apart the four cards on page 8. Read one situation aloud and invite more than one possible response. Keep participation voluntary.

Materials
Crayons or colored pencils, paper, scissors for the optional cutting activities, glue, and a backing sheet.

Be Kind Like Jesus

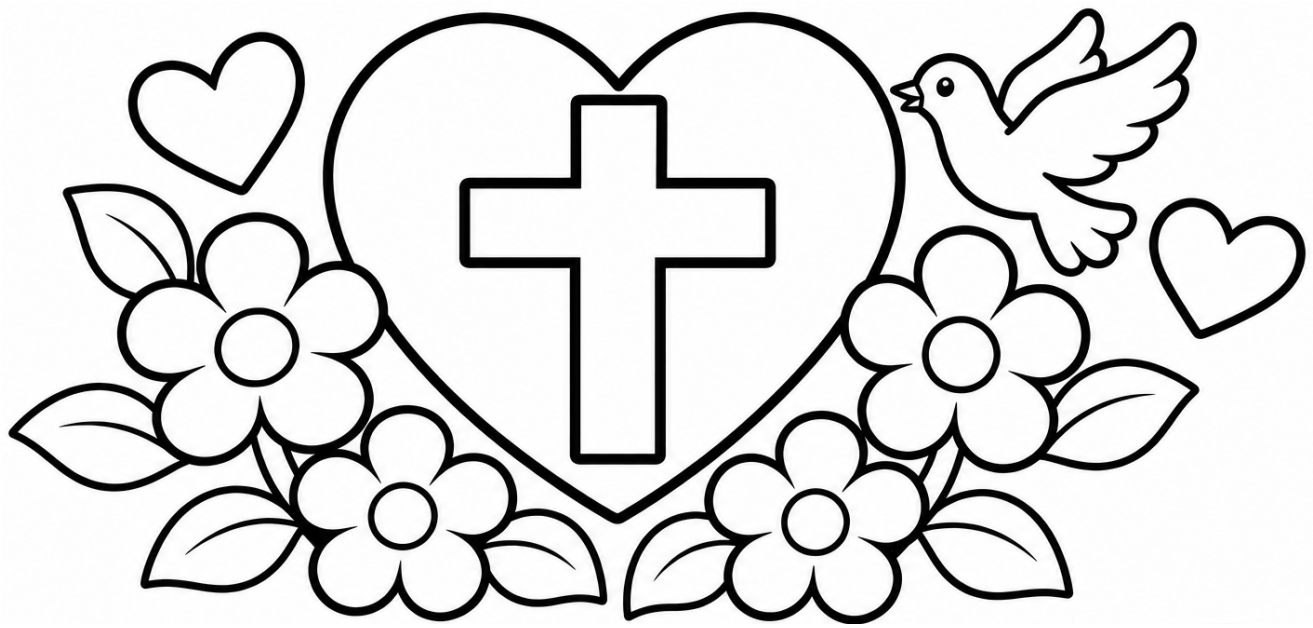
Color the picture. Talk about one kind thing you can do.



I can show kindness by...

Choose Kindness Like Jesus

Color the hearts. Choose one kind action to try.





I can help.



I can take turns.



I can use kind words.

Helping Hands

Color the picture. What could you help with today?



I can help with...

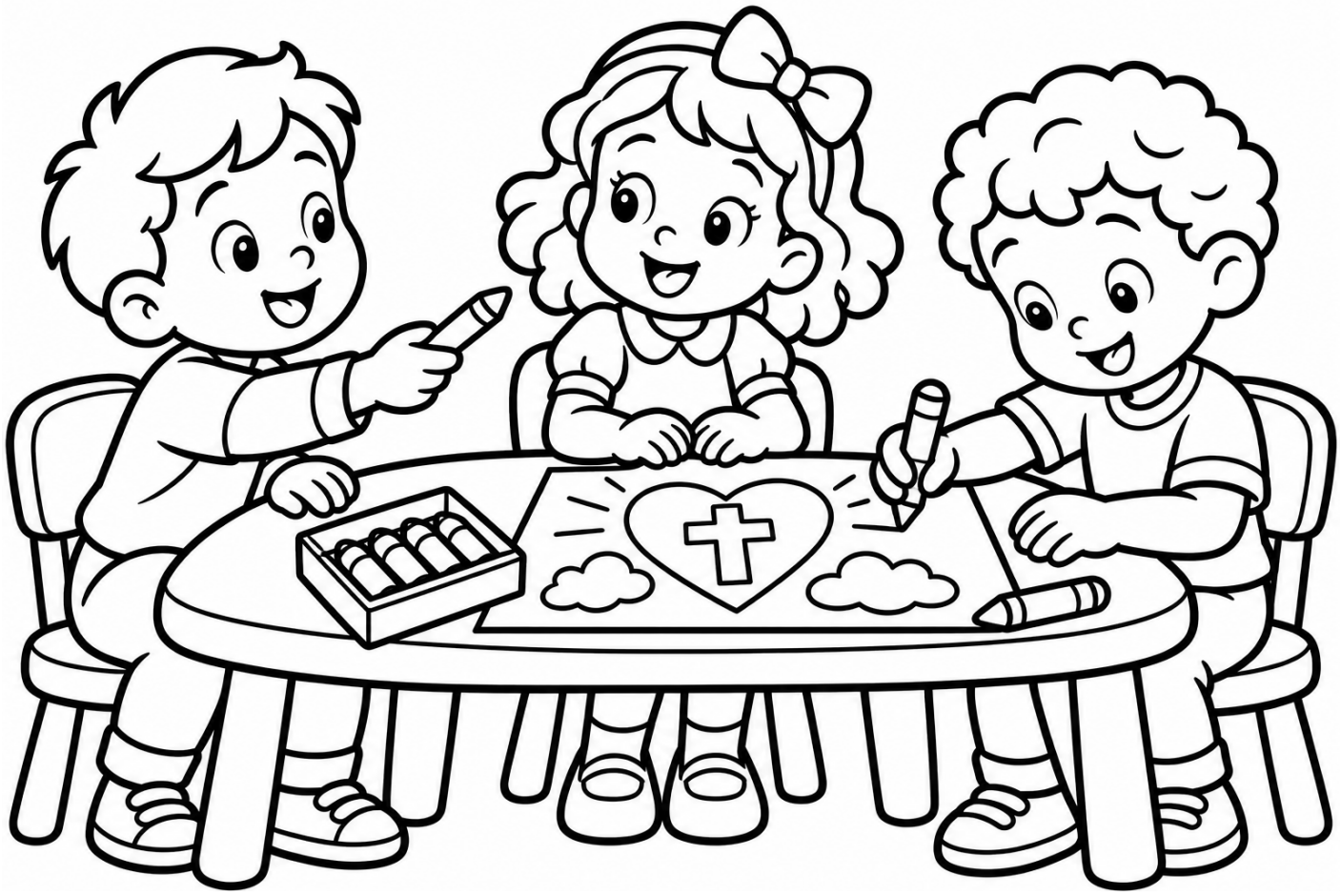
Kind Words

Color the picture. Practice a kind phrase together.

Would you like a turn?

Thank you.

Can I help?



My Kindness Plan

Draw one kind action you would like to try.

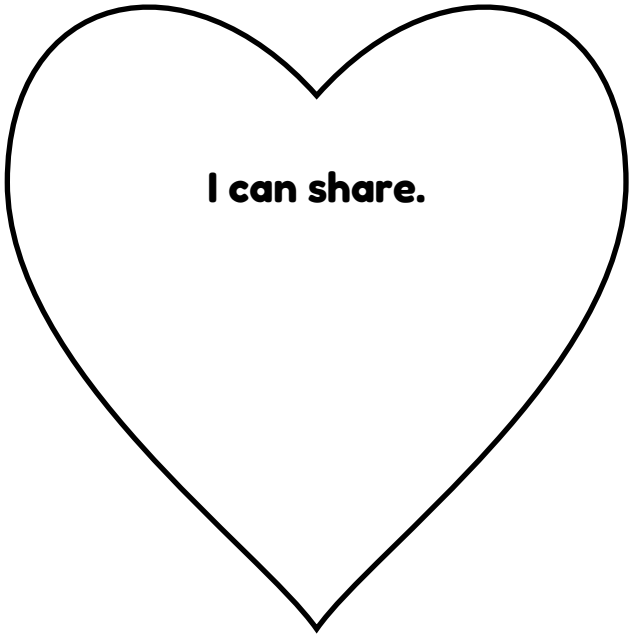
I can show kindness by...

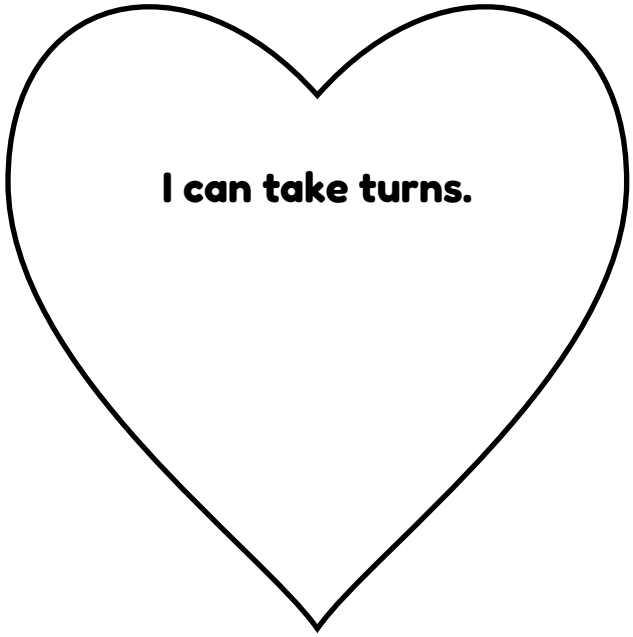
Children may dictate their answer.

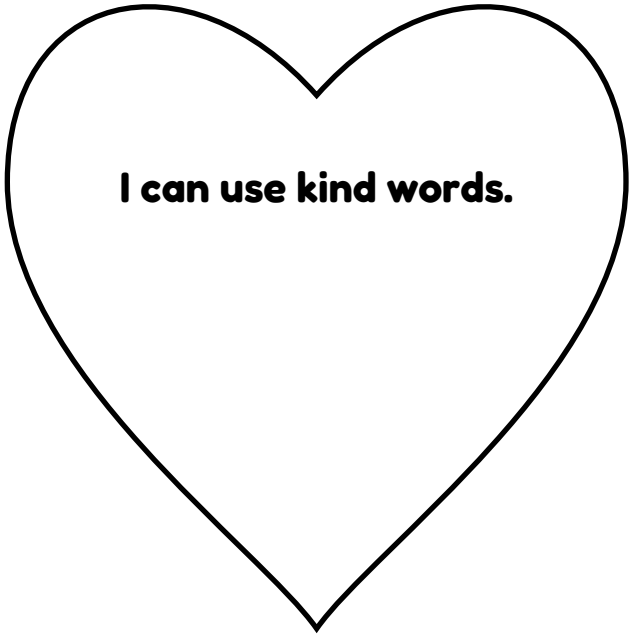
Hearts of Kindness

Color. Draw or write a kind action. Cut. Arrange. Glue.









An adult can cut out the hearts. Arrange and glue them onto a separate sheet.

Let's Talk About Kindness

Cut apart the cards. Read one together and discuss.

Welcome Someone



A child would like to join your game. What could you say?

Take Turns



Two children want the same crayon. What could they try?

Offer Help



A friend's books fall on the floor. How could you offer help?

Ask for Help



Someone keeps being unkind to you. Which trusted adult could you tell?